



**ST-AUGUSTINE
PRIVATE HOSPITAL**

where patients come first

Preparation for Surgery

Thank you for following these instructions. If there are any details of your surgery that you are concerned about, please contact your surgeon prior to your date of surgery.

- Please arrive at St. Augustine Private Hospital at the time designated by your surgeon. Your time of admission is NOT the time at which your procedure will be carried out. Early admission allows us to fully prepare you for surgery.
- On arrival at the hospital, please produce your letter of admission to the clerk. Please complete all admission forms for your procedure.
- Allergies should be clearly identified.
- Notify the attending clerk/nurse of any medication that you are currently using. If using the medication 'Aspirin', please stop at least one (1) week prior to your procedure.
- Do not wear makeup, nail polish, nail extensions.
- Patients are requested not to wear jewellery. If possible, please avoid keeping money, credit cards or any other valuables on your person following admission. Any valuables should be handed over to a relative prior to your procedure. The hospital cannot accept liability for any lost or stolen items kept in your possession.

St. Augustine Private Hospital

2-4 Austin Street, St. Augustine, Trinidad

T: 285 SAPH (7274) F: 663 2348 E: info@saphtt.com

www.saphtt.com





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In addition to the above guidelines, patients should follow the following instructions.

General Anaesthesia Cases

- Do not take fluids or eat solids for at least 6 hours prior to your admission.
- Patients are asked to walk with the results for all diagnostic tests relating to the procedure such as blood works, X-Ray, CT Scan, MRI, ECG, Ultrasound etc.
- If requested by the doctor, ensure medication is taken with a sip of water prior to procedure.
- For day cases, patients are expected to stay at the hospital until fully recovered from anaesthesia or later as deemed by the medical staff.

Local Anaesthesia Cases

- No fasting required prior to procedure.
- Once discharged by the doctor, you may return home. It is recommended that someone accompany you home following your procedure. Driving is NOT recommended.



If your procedure requires overnight stay, please walk with your personal items.

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